



# Delta Middle School

## MEAL PRICING:

Lunch Full Price	Free*
Reduced Lunch Price	Free*
Milk Only	\$.55
Adult Lunch/Breakfast	\$4.05/\$2.10
Breakfast Full Price	Free*
Reduced Breakfast Price	Free*

\*All Student meals are free this year.

## LUNCH Menu

## August-December 2021

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	French Toast Sausage links Hashbrown Fruit Milk	Cheesy Breadsticks w/marinara Green Beans Fruit/Juice Milk	Walking Taco Cheese/salsa Lettuce Carrots Fruit Milk	Chicken Stir Fry & roll Garden Salad Fruit/Juice Milk	Hot Dog/Bun Baked Beans Fruit Milk
<b>2</b>	Cook's Choice Beans Fruit Milk	Grilled Cheese Tomato Soup Sweet Tots Fruit/Juice Milk	Potato Bowl w/Popcorn Chicken Corn & Roll Fruit Milk	BBQ Pork Baked Fries Fruit/Juice Milk	Spaghetti w/meat sauce Breadstick Garden Salad Celery Fruit Milk
<b>3</b>	Corn Dog Broccoli Fruit Milk	Breakfast Sandwich Tator Tots Fruit/Juice Milk	Nachos w/meat & cheese Salsa Refried Beans Fruit Milk	Macaroni & Cheese Roll Peas Fruit/Juice Milk	Taco Max Snacks Salsa Green Beans Fruit Milk
<b>4</b>	Chicken Drum Stick Mashed Potatoes Roll w/butter Fruit Milk	Cook's Choice Red Peppers Fruit/Juice Milk	Meatball Sub Baked Beans Fruit Milk	Chili w/Scoops & Cheese cup Cucumbers Fruit/Juice Milk	Quesadilla Salsa Garden Salad Fruit Milk

## OTHER DAILY SELECTIONS:

### 2<sup>nd</sup> ENTREES

- M- Pizza
- T- Subs
- W- Salad or PB&J sack lunch
- TH- Burger
- F- Chicken

### HOT BREAKFAST OPTIONS DAILY

- M- Banana Choc. Chunk Bar
- T- Breakfast Pizza
- W- Pancake wrap
- TH- Scrambled Eggs & BB muffin
- F- Pancakes or Waffles

Other grab & go options offered daily.

### SNACKS

We offer a variety of a la carte snack items in our cafeteria, students must have a positive balance to purchase.

MENU SUBJECT TO CHANGE

## THIS INSTITUTION IN AN EQUAL OPPORTUNITY PROVIDER

- Milk choices are offered at lunch and Breakfast.
- Free and Reduced Meal forms (Payschools) along with Payforit are available on [www.pdys.org](http://www.pdys.org)

S	M	T	W	T	F	S
1	2	3	4	5	6	7
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S	M	T	W	T	F	S
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S	M	T	W	T	F	S
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S	M	T	W	T	F	S
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S	M	T	W	T	F	S
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■ Week 1 Meal Plan   
 ■ Week 2 Meal Plan   
 ■ Week 3 Meal Plan   
 ■ Week 4 Meal Plan

1. USDA What We Eat in America, NHANES 2015-2016  
 2. USDA. ChooseMyPlate.gov. <http://www.choosemyplate.gov>